

**luscious lorraine's  
organic espresso menu**

we gratefully use Joshua Tree Coffee Co.  
organic, fresh, locally roasted coffee

espresso shot 1oz	2.
doppio espresso 2oz	2.75
doppio add H2O <i>aka americano</i>	3.
black eye <i>12oz coffee+espresso 1oz</i>	4.
latte <i>steamed organic grass-fed whole milk or organic coconut or almond milk 12oz</i>	4.50
flavored latte <i>add organic caramel or vanilla 12oz</i>	4.75
cappuccino <i>steamed + foamed grass-fed organic milk or organic coconut or almond milk 12oz</i>	4.25

**fresh coffee**

organic keurig fresh drip	
coffee 12oz hot or iced	3.25
FUEL coffee 12oz <i>organic coffee with coconut butter &amp; MCT oil post workout add gelatin</i>	6.25 2.

**facts to know:**

importance of  
organic coffee

globally, coffee is the most heavily sprayed food crop, with an estimated 25 million farmers producing the 13 billion pounds consumed annually. the farmers often use DDT-like banned pesticides, with no safety equipment. these pesticides can mean huge health issues for the farmers, soil/water runoff, ground soil contamination and more. then the consumer drinks the coffee sprayed with pesticides...omg!

Luscious Lorraine's has always promoted health, wellness, sustainability for our local & global community, using Joshua Tree organic coffee is a natural fit, better for you and the earth.  
thanks JTC!

**GOOD NEWS!**

in recent medical studies researchers found the beneficial compounds found in organic, properly roasted fresh dark coffee, lowered risk of death from heart disease, stroke, respiratory disease, neurological disease, infections, diabetes, injuries and accidents. these compounds include beneficial antioxidants, bioflavonoids, vitamins, minerals and a chemical that prevents excess stomach acid.